



Living Better with Diabetes

TMF Health Quality Institute, a nonprofit health care consulting company, has launched a new initiative for the Centers for Medicare & Medicaid Services to improve health outcomes among Hispanics and Native Americans with diabetes.

Salud por Vida/Health for Life is seeking community partners to eliminate health disparities and increase opportunities for diabetes self-management education (DSME) for these populations. This initiative also includes a clinical component to support enhanced care management for patients with diabetes.

Participation in this initiative offers your organization many benefits and opportunities at **no cost**:

- Educational materials and program resources
- Training on diabetes curriculum
- Assistance with CDE certification process
- Marketing of DSME program and services
- Fostering existing community resources and relationships
- Medicare billing and reimbursement training
- Medicaid and uninsured outreach
- Assistance with data collection and analysis
- Workflow evaluation and recommendations
- Quality improvement consultation
- Enhanced care management with evidence-based guidelines
- Provider and medical staff CME
- Sustainability planning



Only through community partnerships, dedicated clinicians and supportive stakeholders can we ensure the success of this initiative, and make a difference for the thousands of Hispanics and Native Americans living with diabetes.

Interested in learning more about this initiative? Please call 1-800-725-2633 or e-mail us at HealthForLife@tmf.org

Issue: Diabetes now affects more than 2.2 million adults in Texas, and experts project this number to balloon to 8 million by 2040 as Texas' at-risk populations continue to grow.

Initiative: Support and expand diabetes self-management education (DSME) programs.

Strategy: Community-wide partnerships with DSME programs, primary care physicians and groups providing diabetes-related services

Focus Communities: Targeted areas include Bexar, Cameron, Hidalgo, El Paso and Webb counties. The project will also reach out to other regional initiatives that serve Hispanics and Native Americans with diabetes.

About TMF: TMF Health Quality Institute focuses on promoting quality health care through contracts with federal, state and local governments, as well as private organizations. For nearly 40 years, TMF has helped health care providers and practitioners in a variety of settings improve care for their patients.